



Certified Fitness Professional Code of Ethics

As a **canfitpro** certified fitness professional, I am committed to uphold and abide by the following:

1. Provide appropriate assistance to any person with an interest in pursuing a fitness program and healthy lifestyle.
2. Communicate in a genuine, honest, and professional manner.
3. In providing fitness professional services, I will not discriminate against any client on such grounds as age, gender, weight, disability, marital status, national or ethnic origin, political affiliation, race, religion, sexual orientation, or socioeconomic status.
4. Be open to giving and receiving constructive feedback from participants, clients, peers, and other allied health professionals.
5. Collaborate with other fitness and health professionals in the best interests of participants/clients and the community.
6. Protect and respect the confidentiality of all professional fitness relationships at all times.
7. Maintain annual CPR training.
8. Engage in lifelong learning to maintain and improve my professional knowledge, skills, and attitudes.
9. Respect business, employment, and copyright laws.
10. Meet or exceed my Standards of Practice and refer individuals to the appropriate health care professionals when necessary.
11. Recognize that the self-regulation of the fitness profession is a privilege and that each fitness professional has a responsibility to uphold this privilege and to support the industry.